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Northern Teams Health Update Spring 2018

After contacting each team via email, I was able to talk to around half on the phone, while the rest of communications were done over email. The region is relatively stable; however, 2-3 teams are undergoing rebuilding/restructuring, so I am confident there will be a large amount of growth over the next few years.

Bowdoin

Status: Stable with a focus on growing women's team, Varsity

Women's Team for 2018: Have women's team currently, competing in regattas (more in fall than in spring) female recruits coming in for next fall, only participating in a few women's spring events

Coach: 2 coaches, main and assistant, alumni help some weekends at events

Team Size: 30, 20-22 competing regularly

Sailors at average practice: 14 boats on average, with alternates

Anything mandatory that is not on-the-water practice: Workouts twice a week, full team meeting every other week

Future Plans: New fleet of 420s, delivered in August, current fleet of fjs, new docks by next winter, expanding infrastructure of sailing house and hoping to host more regattas in the next few years.

Contact: Frank Pizzo-March 26, 2018

Dartmouth

Status: Stable, Varsity

Women's Team for 2018: Healthy, completing both in team racing and fleet racing. Send women to event almost every weekend

Coach: 3 coaches, alumni and fulltime coach go to events, almost every event sailed is staffed with a coach

Team Size: 24, everyone competing regularly and in regular practice schedule

Sailors at average practice: 24, 12 boats at practice

Anything mandatory that is not on-the-water practice: Mandatory strength conditioning twice a week, one team meeting per week

Future Plans: Grow team by 2-6 members tops, with full commitment

Contact: Justin Assad-March 28, 2018

McGill

Status: Stable, Club

Women's Team for 2018: Could send women in the fall to events potentially, reach out in Fall 2018

Coach: For the 4 days of practice, Mon+Tue, Wed+Thurs one coach on the water per practice

Team Size: 28 (low for them, look for 30-32)

Sailors at average practice: 12-16, 4-6 boats out most days

Anything mandatory that is not on-the-water practice: Require volunteering, for fundraisers and regattas (preseason training week for fall)

Future Plans: Large fundraiser next year for new sails and money in bank for new boats

Contact: Antoine Pacarar- April 4, 2018

Middlebury

Status: Stable, Club

Women's Team for 2018: Yes, building for fall 2018

Coach: One Coach-Tom Tucker

Team Size: 25 active members, upwards of 30 additional floating team members

Sailors at average practice: spring: 6-12, fall:12-20

Anything mandatory that is not on-the-water practice: Team dinners and chalk talks once a week, team workouts during off season, personal workouts in season

Future Plans: Just moved location to Lake Champlain, boats and docks in the water, shed setup newly complete. Looking forward, want new fleet of boats in the next couple years and are half way through fundraising for them

Contact: Casey Astiz-Email on 4/4

Bates

Status: Active for Fall Season

Women's Team for 2018: Yes, around20

Coach: Peter Garcia

Team Size: 35

Sailors at average practice: 25

Anything mandatory that is not on-the-water practice: Nothing except for swim test

Future Plans: Nothing specific

Contact: Dylan Whitcraft-Email on 4/10

University of New England

Status: Growing

Women's Team for 2018: Yes

Coach: Gareth Hughes, Assistant Coach Rob Haile

Team Size: 25

Sailors at average practice: 8

Anything mandatory that is not on-the-water practice: Weekly non-mandatory meeting, with a chalk talk

Future Plans: Recently purchased four new FJ's and plan on expanding the fleet

Contact: Gareth Hughes-Email 4/10

Maine Maritime

Status: Reduced Capacity, holding pattern until coach is hired

Women's Team for 2018: No, school ratio makes women's team difficult; only have 2 women on team currently

Coach: In search process, Graham Roeber (student) currently running reduced practices

Team Size: 20

Sailors at average practice: Fall 16-20 people, spring 2018 without coach is only boats being sent to events

Anything mandatory that is not on-the-water practice: Daily practice while operating normally

Future Plans: Find a coach for Fall 2018

Contact: Graham Roeber- Email 4/10

University of New Hampshire

Status: Suspended from competing until Spring 2019, still practicing as weather allows

Women's Team for 2018: Yes, for practicing only

Coach: Diana Weidenbacker

Team Size: 8-15

Sailors at average practice: Anticipate for Fall 2018 8-12 boats

Anything mandatory that is not on-the-water practice: Anti-hazing programs offered by UNH

Future Plans: Team is undergoing a restructuring and reorganization

Contact: Diana Weidenbacker-Email 4/10

Vermont

Status: Stable, Club

Women's Team for 2018: Yes, 6-10

Coach: Caroline Patten, alumni help on weekends

Team Size: 35

Sailors at average practice: 20-25

Anything mandatory that is not on-the-water practice: Weekly team meetings, lift twice a week

Future Plans: Brand new boathouse, new sails for Fall 2018, in process of financially restructuring

