

2018 Spring NEISA Southern Region Health Report

This report was composed from a survey sent out to NEISA schools within the southern region. Follow-up phone calls were conducted with struggling programs. After collecting the results from the survey and reaching out to member schools, it appears that NEISA continues to be an extremely competitive conference even as it continues to grow with a wide range of teams.

Struggling Programs:

Sacred Heart University

- Club Team size: 2-4
- Part time head/assistant coach/program director
- Did not sail a women's event this past season
- Looking forward to increasing the team size this spring
- Biggest challenge: skill level of team

Growing Programs:

Fairfield University

- Club team size: 5-15
- Part time head/assistant coach/program director
- Did sail a women's event this past season
- Excited about: integrating a new keel boat program
- Biggest challenge: sailors commitment and weekend participation

***How can NEISA help ⇒ participation

University of Connecticut

- Club team size: 16-25
- Part time head coach
- Did sail a women's event this past season
- "excited to grow as a team because we got a lot of new sailors last semester and they seem very invested in helping our team move forward!"
- Biggest challenges: wide skill range on team, lack of financial support from school

***How can NEISA help ⇒ coaching seminar for new/growing teams to help develop lesson plans and help new coaches be more effective

Well Established/Stable Programs:

Brown University:

- club/varsity team size: 25-35
- Full time head and assistant coach and part time assistant coach
- Did sail a women's event this past season

- Excited about: hosting the NEISA Dinghy Champs in our new building.
- Biggest Challenge: trying to keep up with fundraising and keeping pace with the varsity teams as a club/varsity team (recruiting in particular).

Roger Williams:

- Varsity team size: 25-35
- Full time head coach
- Did sail a women's event this past season
- Excited about: team racing this spring
- Biggest Challenge: Depth

Connecticut College

- Varsity team size: 16-25
- Full time head and assistant coach
- Did sail a women's event this past season
- Excited about: getting more practice time this spring

***How can NEISA help ⇒ stability of college sailing

Coast Guard Academy

- Varsity team size: 16-25
- Full time head and assistant coach
- Excited about: All of the NEISA Championships are in Southern New England this spring
- Did sail a women's event this past season
- Biggest Challenge: time, sailors have other commitments

***NEISA can continue to consider costs associated with events for visiting teams. The more we can maximize time on the water while minimizing expenses and time travelling, the better.